

# Confession & Healing Pattern

## Confession

*\*\*Done by the one receiving ministry.\*\**

Heavenly Father, I confess (name sin) as my sin. I repent of it and ask you to forgive me.

## Absolution

*\*\*Done by the person ministering.\*\**

In the name of Jesus, you are forgiven and free from all attachments to (name sin), and I cast away every spirit of (name of sin).

## Listening Prayer

*\*\*At the end, pray the following for each other.\*\**

God's word promises that if we confess our sins, he is faithful and just to forgive us our sins and purify us from all unrighteousness. Do you receive God's forgiveness? (1 John 1:9)

Thank you, Jesus, for your forgiveness. I ask you to cleanse everything (name of person) remembers in this area with the blood of Jesus. Lord Jesus, is there anything else you want to say to (name of person) in response to their confession?

*\*\*Listen and then ask the person if they sense anything.\*\**

*\*\*Extend Christ's love as you are led.\*\**

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